

# weekly menu

January 25<sup>th</sup> - January 29<sup>th</sup>

	Breakfast	Lunch	Snack
Monday	French Toast Served with fresh fruit and milk.	Meaty Pasta Served with salad/steamed veggies and water.	Wow Butter Fingers Served with fresh vegetables and Milk.
Tuesday	Banana Oatmeal Served with fresh fruit and milk.	Baked Chicken Served with black beans, rice Served with salad/steamed veggies and water.	Monster Trail Mix Served with fresh vegetables and Milk
Wednesday	Cinnamon Raisin Toast served with fresh fruit, and milk.	Penne Marinara salad/steamed veggies and water.	Rice Cakes with Jam Served with fresh vegetables and milk
Thursday	Cereal Served with fresh fruit, and milk.	Macaroni and Cheese Served with salad/steamed veggies and water.	Lemon Loaf Served with fresh vegetables and milk
Friday	Vanilla Flapjacks Served with fresh fruit, and milk.	CEFA FUN DAY	Yogurt and Arrowroot Served with fresh vegetables and milk

