

weekly menu

January 4th - January 8th

| | Breakfast | Lunch | Snack |
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| Monday | Vanilla Flapjacks Served with fresh fruit, and milk. | Macaroni and Cheese Served with salad/steamed veggies and water. | Lemon Loaf Served with fresh vegetables and Milk |
| Tuesday | Cereal Served with fresh fruit, and milk. | Meatloaf Served with rice salad/steamed veggies and water. | Yogurt and Arrowroot Served with fresh vegetables and Milk |
| Wednesday | Rise and Shine Turkey Hash Served with fresh fruit, and milk. | Spanish Rice Served with salad/steamed veggies and water. | Cinnamon Pita Served with fresh vegetables and Milk |
| Thursday | French Toast Served with fresh fruit and milk. | Meaty Pasta Served salad/steamed veggies and water. | Wow Butter Fingers Served with fresh vegetables and Milk. |
| Friday | Banana Oatmeal Served with fresh fruit and milk. | Penne Marinara Served with salad/steamed veggies and water. | Monster Trail Mix Served with fresh vegetables and Milk |
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