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CHEF'S MENU

March 1st – March 5th

Monday

Breakfast Cereal & Fruit
Served with Fresh Fruit and Milk

Lunch Apple Tuna Salad on Whole Wheat
Served with Fresh Salad or Steamed Vegetables

Snack Mixed Berry Parfait
Served with Fresh Vegetables and Milk

Tuesday

Breakfast Banana Flapjacks
Served with Fresh Fruit and Milk

Lunch Meaty Pasta
Served with Fresh Salad or Steamed Vegetables

Snack Hummus Veggies & Stone wheat Crackers
Served with Fresh Vegetables and Milk

Wednesday

Breakfast English Muffins with Jam
Served with Fresh Fruit and Milk

Lunch Minestrone Soup
Served with Fresh Salad or Steamed Vegetables

Snack Carrot Loaf
Served with Fresh Vegetables and Milk

Thursday

Breakfast Scrambled Eggs & Toast
Served with Fresh Fruit and Milk

Lunch Chicken Alfredo
Served with Fresh Salad or Steamed Vegetables

Snack Pizza Pin Wheels
Served with Fresh Vegetables and Milk

Friday

Breakfast Cinnamon Toast & Cream Cheese
Served with Fresh Fruit and Milk

Lunch Vegetarian Chili
Served with Fresh Salad or Steamed Vegetables

Snack Monster Trail Mix
Served with Fresh Vegetables and Milk



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CHEF'S MENU

March 8th – March 12th

Monday

Breakfast Cinnamon Oatmeal
Served with Fresh Fruit and Milk

Lunch Oven Baked Chicken & Rice
Served with Fresh Salad or Steamed Vegetables

Snack Stone wheat Crackers with Cream Cheese & Apple Slices
Served with Fresh Vegetables and Milk

Tuesday

Breakfast Cereal & Fruit
Served with Fresh Fruit and Milk

Lunch Apple Tuna Salad on Whole Wheat
Served with Fresh Salad or Steamed Vegetables

Snack Mixed Berry Parfait
Served with Fresh Vegetables and Milk

Wednesday

Breakfast Banana Flapjacks
Served with Fresh Fruit and Milk

Lunch Homemade Macaroni & Cheese
Served with Fresh Salad or Steamed Vegetables

Snack Hummus Veggies & Stone wheat Crackers
Served with Fresh Vegetables and Milk

Thursday

Breakfast English Muffins with Jam
Served with Fresh Fruit and Milk

Lunch Meaty Pasta
Served with Fresh Salad or Steamed Vegetables

Snack Carrot Loaf
Served with Fresh Vegetables and Milk

Friday

Breakfast Scrambled Eggs & Toast
Served with Fresh Fruit and Milk

Lunch Parmesan, Basil and Black Bean Orzo
Served with Fresh Salad or Steamed Vegetables

Snack Pizza Pin Wheels
Served with Fresh Vegetables and Milk



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CHEF'S MENU

March 22nd - March 26th

Monday	Breakfast	Cinnamon Toast & Cream Cheese Served with Fresh Fruit and Milk
	Lunch	Oven Baked Chicken & Rice Served with Fresh Salad or Steamed Vegetables
	Snack	Monster Trail Mix Served with Fresh Vegetables and Milk
Tuesday	Breakfast	Cinnamon Oatmeal Served with Fresh Fruit and Milk
	Lunch	Minestrone Soup Served with Fresh Salad or Steamed Vegetables
	Snack	Stone wheat Crackers with Cream Cheese & Apple Slices Served with Fresh Vegetables and Milk
Wednesday	Breakfast	Cereal & Fruit Served with Fresh Fruit and Milk
	Lunch	Apple Tuna Salad on Whole Wheat Served with Fresh Salad or Steamed Vegetables
	Snack	Mixed Berry Parfait Served with Fresh Vegetables and Milk
Thursday	Breakfast	Banana Flapjacks Served with Fresh Fruit and Milk
	Lunch	Homemade Macaroni & Cheese Served with Fresh Salad or Steamed Vegetables
	Snack	Hummus Veggies & Stone wheat Crackers Served with Fresh Vegetables and Milk
Friday	Breakfast	English Muffins with Jam Served with Fresh Fruit and Milk
	Lunch	Meaty Pasta Served with Fresh Salad or Steamed Vegetables
	Snack	Carrot Loaf Served with Fresh Vegetables and Milk



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CHEF'S MENU

March 29th - April 2nd

Monday	Breakfast	Cinnamon Toast & Cream Cheese Served with Fresh Fruit and Milk
	Lunch	Oven Baked Chicken & Rice Served with Fresh Salad or Steamed Vegetables
	Snack	Monster Trail Mix Served with Fresh Vegetables and Milk
Tuesday	Breakfast	Cinnamon Oatmeal Served with Fresh Fruit and Milk
	Lunch	Minestrone Soup Served with Fresh Salad or Steamed Vegetables
	Snack	Stone wheat Crackers with Cream Cheese & Apple Slices Served with Fresh Vegetables and Milk
Wednesday	Breakfast	Cereal & Fruit Served with Fresh Fruit and Milk
	Lunch	Apple Tuna Salad on Whole Wheat Served with Fresh Salad or Steamed Vegetables
	Snack	Mixed Berry Parfait Served with Fresh Vegetables and Milk
Thursday	Breakfast	Banana Flapjacks Served with Fresh Fruit and Milk
	Lunch	Homemade Macaroni & Cheese Served with Fresh Salad or Steamed Vegetables
	Snack	Hummus Veggies & Stone wheat Crackers Served with Fresh Vegetables and Milk
Friday	Breakfast	English Muffins with Jam Served with Fresh Fruit and Milk
	Lunch	Meaty Pasta Served with Fresh Salad or Steamed Vegetables
	Snack	Carrot Loaf Served with Fresh Vegetables and Milk