

Updated May 13, 2021

COVID-19 SAFETY PLAN CEFA NEW WESTMINSTER-UPTOWN

Through health authorities' information and communication, we understand that the virus that causes COVID-19 spreads in several ways, including through droplets when a person coughs or sneezes, or from touching a contaminated surface before touching the face.

Our school continues to offer services to families with ongoing implementations and adjustments to our physical settings and school protocols, here is a reminder and additional information regarding our school protocols surrounding COVID-19.

The following protocols and practices are in place and updated as needed:

- ✓ Regular operating hours: 7:30am 5:30pm
- ✓ Daily health check including temperature checks by all students and staff upon entering the school.
- ✓ Staff and students with any potential exposure to COVID 19 must stay home to selfmonitor.
- ✓ Adjusted program schedule to allow for extended outdoor time.
- ✓ Restricted parent and public access into the school, pre-booked 15-minute tours during after-hours and tour participants must wear masks.
- ✓ Drop-off and pick-up at the school exterior door(s) where staff members will wear masks and welcome your child and escort him/her to their respective classrooms. Same procedure for pick up.
- ✓ All parents are to wear masks upon arriving to the school to drop and pick up their child.
- ✓ Staff required to wear masks at all times while inside the school and within the mall. This includes: staff room, hallways, washroom etc. (Optional within classroom cohorts provided the staff can maintain a 2-metre distance apart but masks and gloves must be worn during diaper-changing, washroom assistance, feeding assistance and serving of meals.)
- ✓ Parents are not permitted in classrooms unless permitted by Administration under special circumstances.
- ✓ No personal items left behind; no overnight storage in the student cubby nor stroller storage room (all items must be brought in with the student each day and taken home)
- ✓ Students and staff will be sent home immediately at the first sign of any cold-like or flu-like symptoms or fever.
- ✓ Staff room maximum capacity at any given time restricted to 4 people
- ✓ Staff access to supply of gloves/masks for diaper-changing and serving of meals.
- ✓ Increase in frequency of cleaning of high-touch areas, hard surfaces and sanitization of toys and equipment, etc.
- ✓ Frequent handwashing for students and staff and upon entrance into the school and throughout the day.

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UPDATE:

Children and child care providers should stay at home when new symptoms of illness develop, such as:

- ✓ Fever
- ✓ Chills/body aches
- ✓ Cough
- ✓ Difficulty breathing (in small children, this can look like breathing fast or working hard to breathe)
- ✓ Loss of sense of smell or taste
- ✓ Nausea or vomiting
- ✓ Diarrhea
- ✓ Extreme fatigue or tiredness
- ✓ Loss of appetite

For mild symptoms without fever, children and staff members should stay home and monitor symptoms for 24 hours. If symptoms improve and the child/staff member feels well enough, they can return to the child care facility without further assessment or doctor's note.

If symptoms include fever or difficulty breathing, or if symptoms last for more than 24 hours or get worse, seek a health assessment by calling 8-1-1 or a primary care provider.

If a COVID-19 test is recommended as a result of the health assessment, self -isolation will be required while awaiting results:

- ✓ If the COVID-19 test is positive, self-isolate and follow the direction of public health.
- ✓ If the COVID-19 test is <u>negative</u>, return to the child care facility once well enough to participate.
- ✓ If a COVID-19 test is recommended but not done, <u>self-isolate for 10 days after the onset</u> of symptoms and return when feeling well enough to participate.
- ✓ If notified of an exposure to a confirmed case and/or to a positive COVID-19 test result, self-isolate for 14 days irregardless of own negative COVID-19 test result or until otherwise notified by Public Health (new direction by Fraser Health as of Nov. 26th, 2020)

If a COVID-19 test is not recommended, staff and children may return when well enough to participate

Summary

To help ensure our children's safety and minimize the traffic through our schools, we ask that all parents and guardians who are dropping of a child to remain at the designated entrance and **do not enter our hallways, classrooms or washrooms**. Teachers or Administration team will greet you here and help with your child and any questions you may have.



Student Backpacks / CEFA Drawstring Bags

We ask all families to send their child with a backpack/CEFA drawstring bag whereby we can place all jackets, pants and other clothing into the sealable bag to reduce the potential contamination from one child to another.

Social Distancing

Please be advised with Fraser Health Licensing's approval, we have the flexibility to distance the children's cots, play pens and cribs in Cefababy and JK1 nap rooms by having only up to 8 children with 2 teachers in the nap room and having up to 4 children with 1 teacher on the carpet area within the classroom.

During meal and activities times at the tables, the children will be further distanced as well.

Curriculum

We will be adjusting our daily schedule as required to offer additional outdoor time. In addition, co-curriculars may not be implemented by the usual designated co-curricular teacher and instead from one of your child's classroom teacher. This will minimize the unnecessary need for teachers to cross-over into other classrooms, reducing the traffic throughout the school.

Outdoor Activities

Please ensure your child has appropriate outdoor clothing as we expect to increase our use of the outdoor open-aired play area. Fresh air and open spaces will help us work to keep our children and families safe.

Resource Links:

http://www.bccdc.ca/Health-Info-

Site/Documents/COVID public guidance/When to get tested.pdf

http://www.bccdc.ca/Health-Info-

Site/Documents/COVID public guidance/Guidance Child Care.pdf

http://www.bccdc.ca/Health-Info-Site/Documents/CleaningDisinfecting PublicSettings.pdf

Should you have any questions regarding any of the above, please do not hesitate to contact your Principal or Director.

Stay safe!

CEFA New Westminster-Uptown Administration

