

## Daily Health Check

### GENERAL GUIDELINE

Children and Staff should be given a daily health check before coming to school for the day. For your daily health check, you will need to answer these questions.

Appendix B			
Daily Health Check			
1. Key symptoms of illness	Do you have any of the following ne key symptoms?	Circle one	
	Fever	Yes	No
	Chills	Yes	No
	Cough or worsening of cough	Yes	No
	Breathing difficulties (breathing fast or working hard to breathe)	Yes	No
	Loss of sense of smell or taste	Yes	No
	Diarrhea	Yes	No
	Nausea and vomiting	Yes	No
2. International Travel	Have you returned from travel outside of Canada in the last 14 days	Yes	No
3. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	Yes	No

If you answered “YES” to two or more of the questions included under ‘key symptoms of illness’, or have a fever or difficulty breathing, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, you should not return to the child care setting until COVID-19 has been excluded and your symptoms have improved.

If you answered “YES” to only one of the questions included under ‘key symptoms of illness’, (excluding fever and difficulty breathing), you should stay home for 24 hours from when the symptoms started. If the symptoms improve, you may return to a child care facility when your child feels well enough. If the symptoms persist or worsens, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner.

If you answered “YES” to question 2 or 3, use the COVID-19 Self-Assessment Tool to determine if you should seek testing for COVID-19.

If a COVID-19 test is recommended as a result of the health assessment, self-isolate while waiting for results.

- If the COVID-19 test is positive, self isolate and follow the direction of public health.
- If the COVID-19 test is negative, return to the child care facility once the child is well enough and symptoms have resolved.
- If a COVID-19 test is recommended be not done, self isolate for 10 days after the onset of symptoms and return to the child care when the child is feeling well enough to participate.

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## COVID-19 SAFETY PLAN

### What happens if your child gets sick while at school?

- If your child is exhibiting any of the symptoms as outlined in Appendix B, you will be called for an immediate pick up, if we cannot reach you, we will call your emergency contact to come and pick up your child. Your child will be isolated (in the classroom) from the other children with a staff member until you or your authorised pick up arrive.
- If your child is exhibiting any other illness as outlined in our illness policy, you will be called for pick up.  
In any situation, you will be given an illness form to sign, and asked to follow the next steps.  
Please ensure your emergency contact, and your Authorized pick-up contact are up to date in case you are unable to come pick up yourself.

### PICK UP and DROP OFF PROCEDURE

- Drop off and pick up will be at our main entrance, or on the playground.
- Only students will be allowed to enter the Centre.
- Have a posted daily health check posted for parents and caregivers to read at drop-off to confirm that the child does not have symptoms of Appendix B.
- Prior to entering, every student's temperature will be checked. Anyone has a temperature over 37.7 will be turned away at the door and will need to follow appendix B.

### ADDITIONAL CLEANING

We are cleaning and disinfecting even more so than before COVID. All resources are disinfected after every curriculum block. There are five steps for cleaning and disinfecting the classroom materials:

- 1. Soak in hot soapy water.
- 2. Rinse with hot clean water.
- 3. Apply the disinfectant
- 4. Rinse with clean water (if required by the manufacture)
- 5. Let airdry.

### HEALTH and WELLNESS POLICY

Our health and wellness policy continues to apply during a pandemic or communicable disease outbreak.

In addition, we ask the staff and students to practice the following:

- Children or staff who have been in close contact with someone who has been diagnosed with COVID-19 should call 8-1-1 and follow their direction.
- Practice and promote hand hygiene by washing hands regularly
- Always cover your cough or sneezes by covering with the inside of your elbow
- Cleaning and disinfecting objects and surfaces frequently
- Observe and document children for signs of illness and notify parents immediately



- Reusable masks will be provided to all staff members.
- Signage will be placed around the Centre and students will be reminded by their teachers to wash their hands-on arrival at school, before and after any breaks, between different environments, before and after eating, after using the washroom, after sneezing or coughing, etc...
- Non-essential visitors will not be allowed into the school at this time.

### OUTDOOR TIME

- Outdoor activities are encouraged, weather permitting.

### SOCIAL DISTANCING

- Avoid close greetings (e.g., hugs, handshakes). Regularly remind children to keep “Hands to yourself”.
- Use different room configurations (e.g., separating tables)
- Set up small group environments to reduce the number of children in a group, for example, set up 2 or 3 areas for coloring or doing crafts
- Incorporate more individual activities or activities that encourage more space between children and staff
- Encourage individual play
- Help younger children learn about physical distancing and less physical contact by creating games that include basic principles such as “two arm lengths apart”
- Consider using books, individual games, video and online programs as a part of learning so children can sit independently and distanced from each other
- Increase the distance between nap mats, if possible. If space is tight, place children head-to-toe or toe-to-toe.
- Have a separate, supervised area available for children who have symptoms of illness rest until they can be picked up and ensure these areas are cleaned and disinfected after the child has left
- Allow spacing between children during meals
- Staff should minimize the frequency of direct physical contact with children and encourage children to minimize physical contact with each other
- Staff should maintain physical distancing from one another

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### What happens if there is a confirmed case of COVID-19 at school?

If a confirmed case of COVID-19 is reported, the school will report to Vancouver Coastal Health Liaison/Fraser Health Public Health Liaison or the Environmental Health Officer and follow guidance on the next steps. Intensive cleaning of areas recently used by the affected individual will be initiated and the school may be closed for school wide cleaning if required.

Notification to staff and families will only occur following guidance from public health to ensure personal privacy rights are maintained.

